

# What is STAMP?

The **Avant STAMP** is an internet-based, computer-adaptive language proficiency test. The STAMP test is used to both monitor a learner's progress as they develop language proficiency.

## Technology Requirements

- Computer or tablet
- Headset with microphone
- Keyboard
- Internet connection
- Mouse
- Supported browser (Chrome, Edge, or Safari)



## Test Sections

**Reading Self-Evaluation** section has seven (7) Can Do Questions that must be completed before the Writing section. This section is not scored.

**Writing** prompt levels are determined by your results in the Reading section.

**Listening Self-Evaluation** section has seven (7) Can Do Questions that must be completed before the Writing section. This section is not scored.

**Speaking** prompt levels are determined by your results in the Listening section.

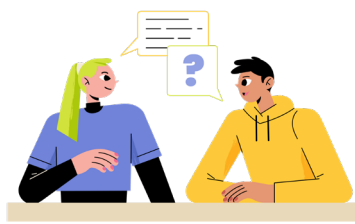
	<b>Reading Self Evaluation</b>	7 multiple choice		5-7 minutes	
	<b>Writing</b>	3 prompts		20-25 minutes	
	<b>Listening Self Evaluation</b>	7 multiple choice		5-7 minutes	
	<b>Speaking</b>	3 prompts		20-25 minutes	

## Test Preparation

A proficiency test is just a snapshot of a learner's current proficiency. There are no study materials for the STAMP test. However, there are some things learners can do to prepare for testing.



**1. Take a Sample Test** to experience the types of questions and the assessment flow.  
[avantassessment.com/fairfax#sampleTests](https://avantassessment.com/fairfax#sampleTests)



**2. Practice speaking and writing** to your friends using the language you are learning.



**3. Review all Rules** for Taking an Avant Test at  
[avantassessment.com/rules](https://avantassessment.com/rules)